



Older Adult Trends

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NC RURAL CENTER



ENGAGEMENT



LEADERSHIP

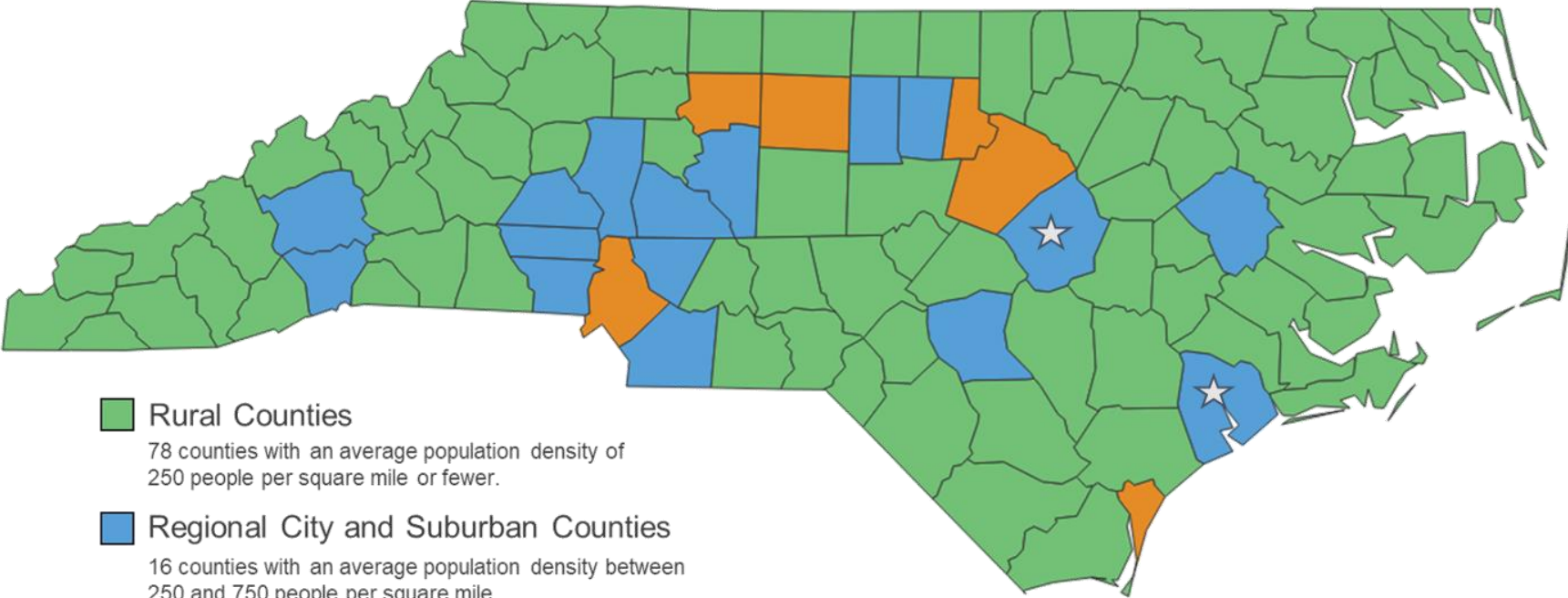


CAPITAL



ADVOCACY

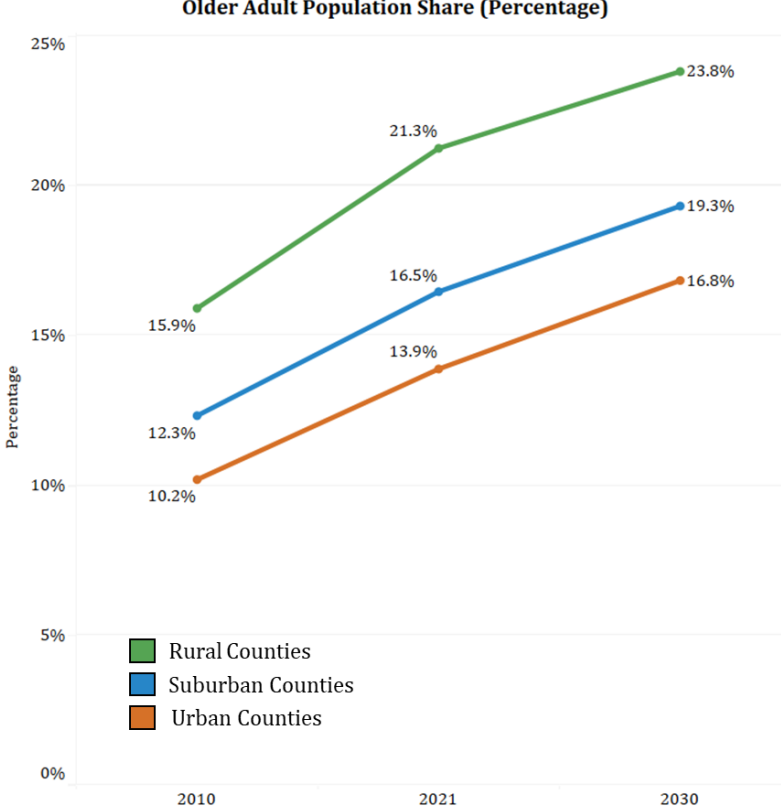
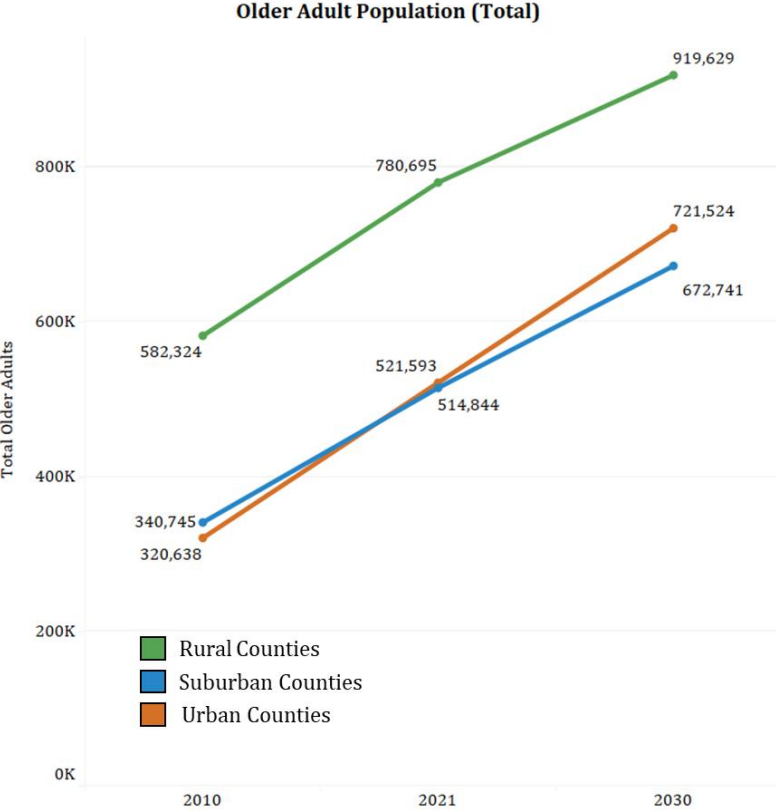
North Carolina County Classification



- Rural Counties**
78 counties with an average population density of 250 people per square mile or fewer.
- Regional City and Suburban Counties**
16 counties with an average population density between 250 and 750 people per square mile.
- Urban Counties**
6 counties with an average population density of 750 people per square mile or more.

Densities calculated by the Rural Center based on the 2020 U.S. Decennial Census.

Older Adult Population Growth

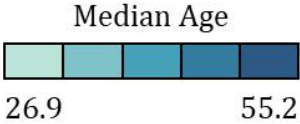
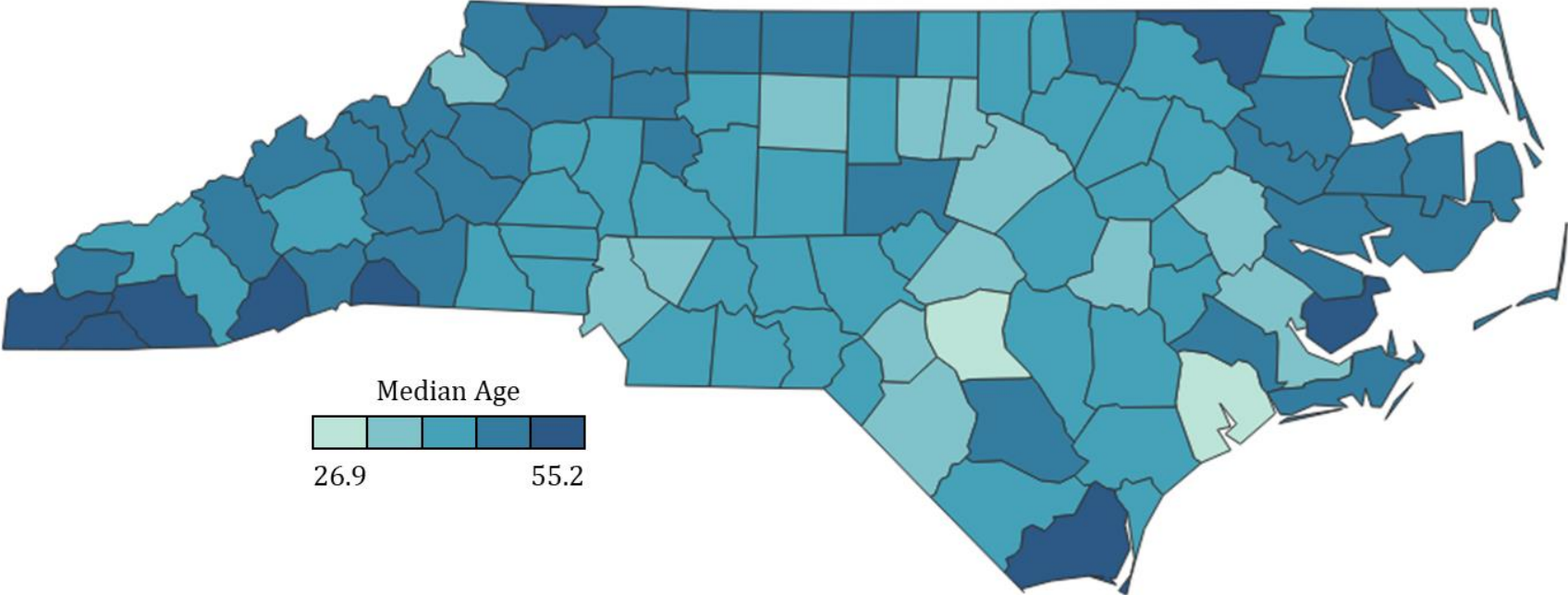


Source: North Carolina State Demographer Population Estimates/Projections



Median Age

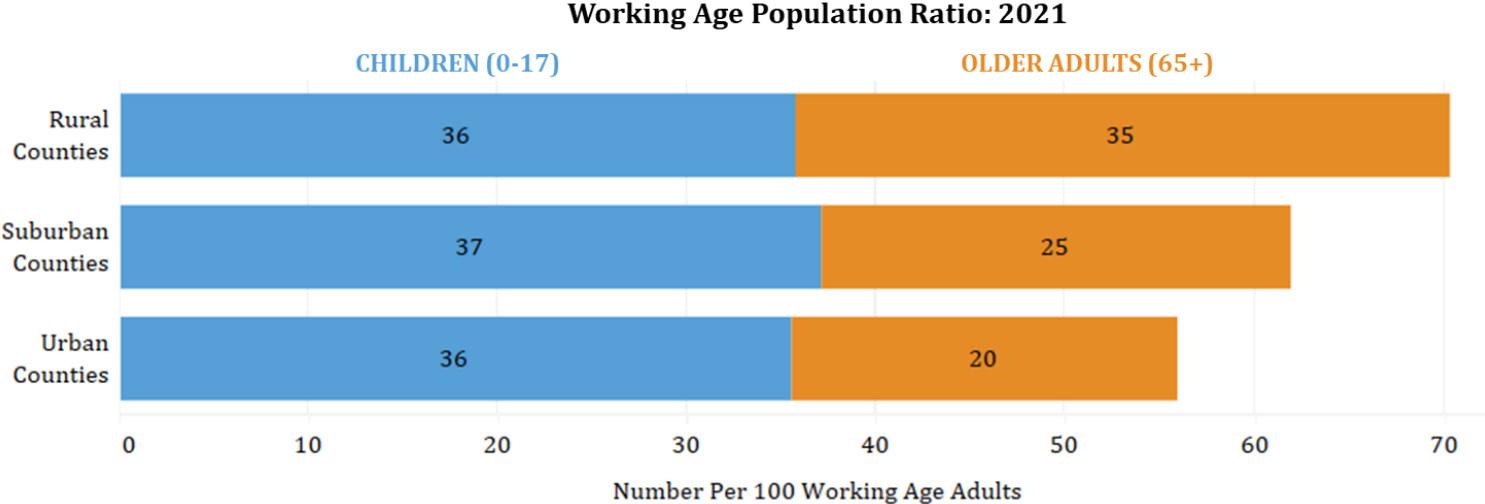
Median Age: 2021



Source: 2021 American Community Survey 5-Year Estimates

Working Age Population Ratio

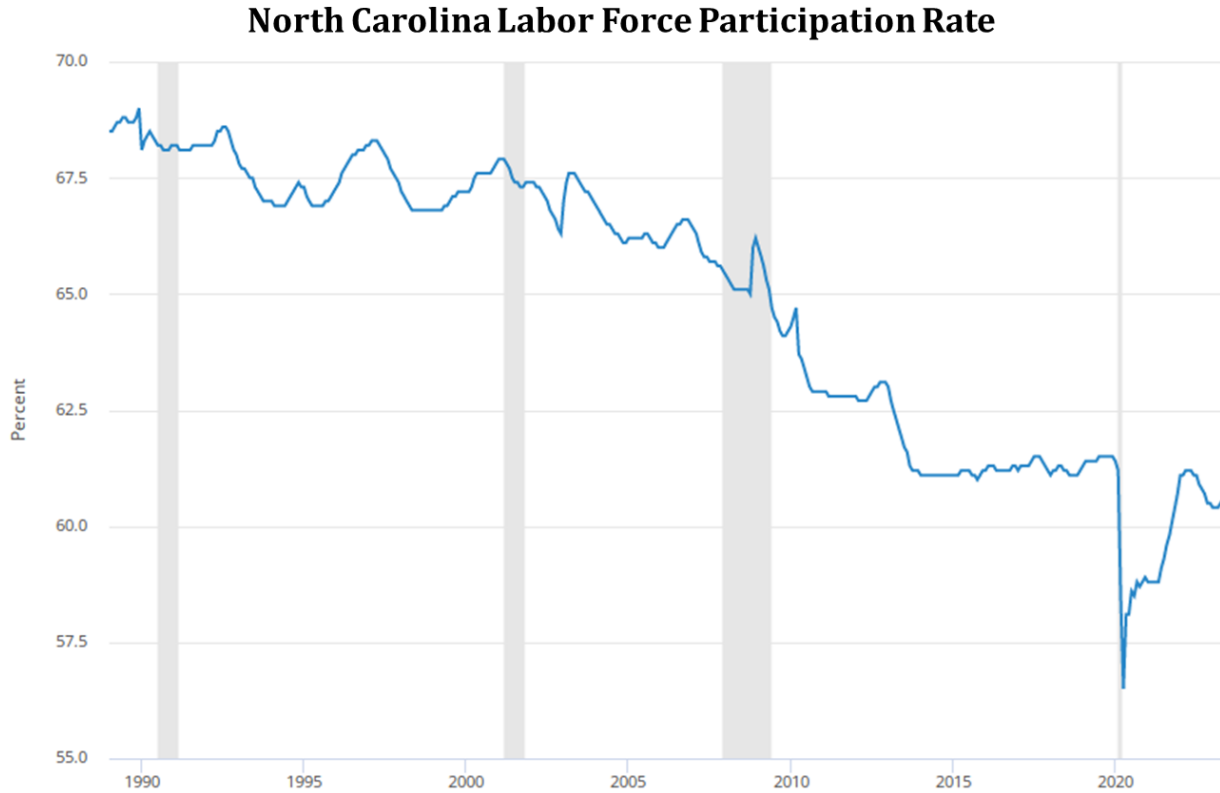
**FOR EVERY
100 WORKING
AGE ADULTS
(18-64) THERE
ARE...**



Source: 2021 American Community Survey 5-Year Estimates

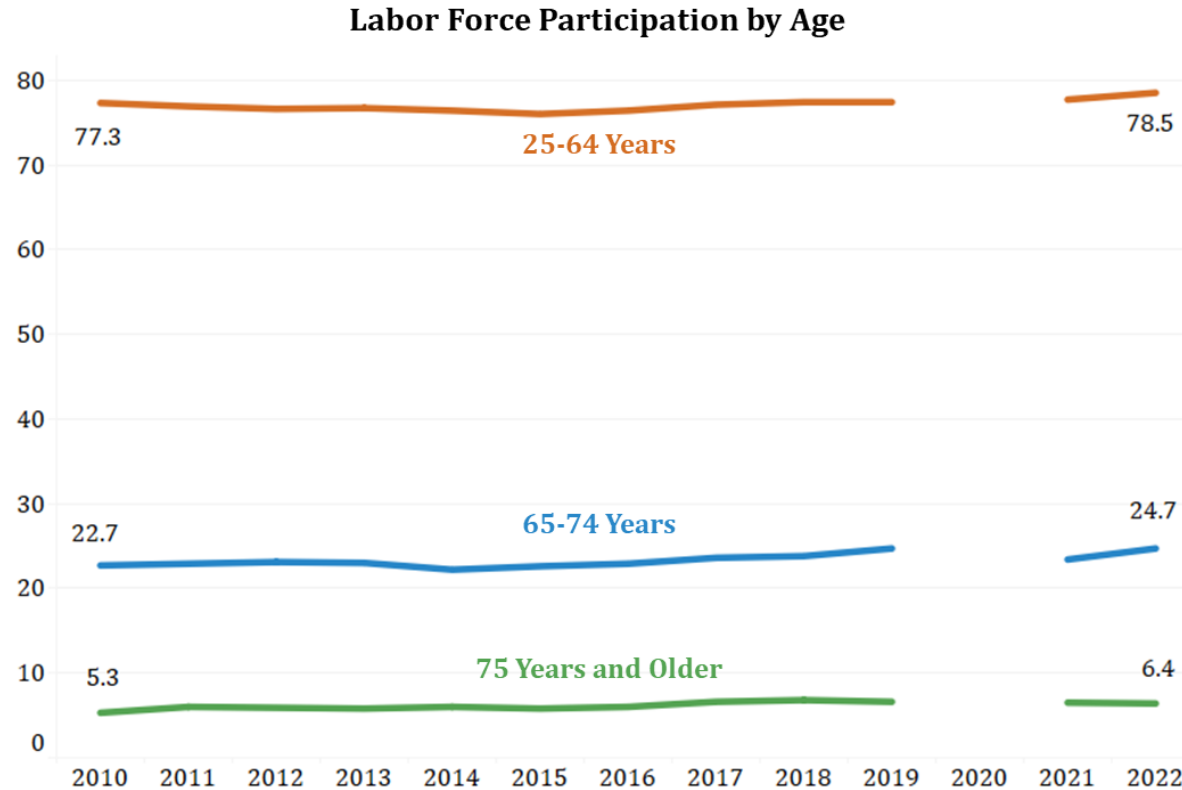


Aging Population and Labor Force Participation



Source: US Bureau of Labor Statistics; retrieved from St. Louis FRED

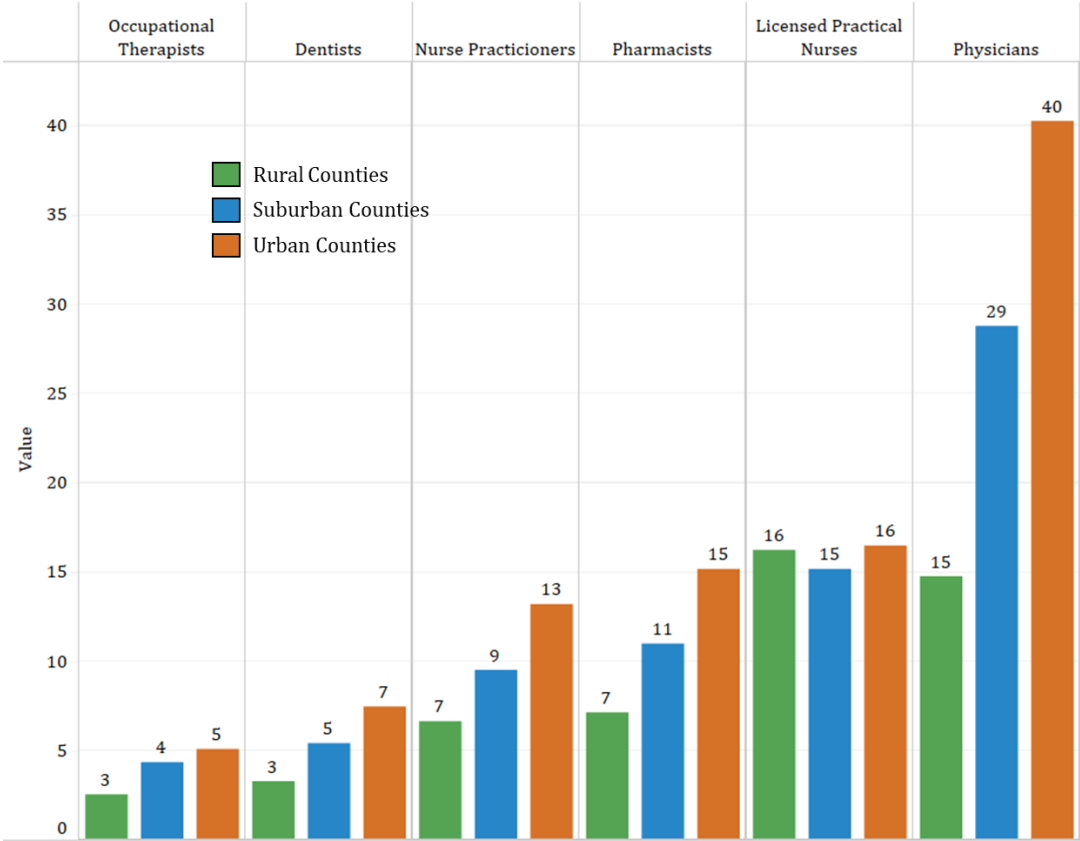
Aging Population and Labor Force Participation



Source: American Community Survey 1-Year Estimates

Healthcare Workers

Number of Health Professionals Per 10 Thousand Residents: 2021

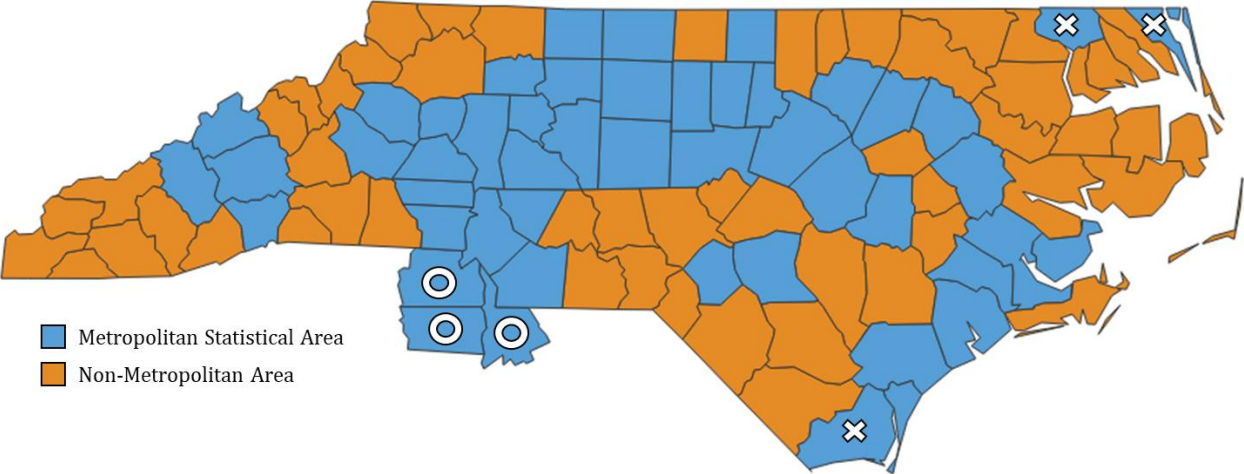


Source: UNC Sheps Center Workforce



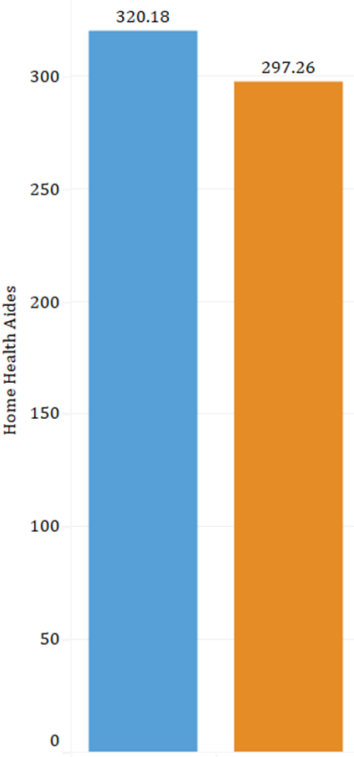
Home Health Aides

Metropolitan/Non-Metropolitan Designation of Counties



- Metropolitan Statistical Area
- Non-Metropolitan Area

Home Health Aides Per 10,000 Older Adults (65+): 2022



Source: US Bureau of Labor Statistics; Population Estimate from North Carolina State Demographer



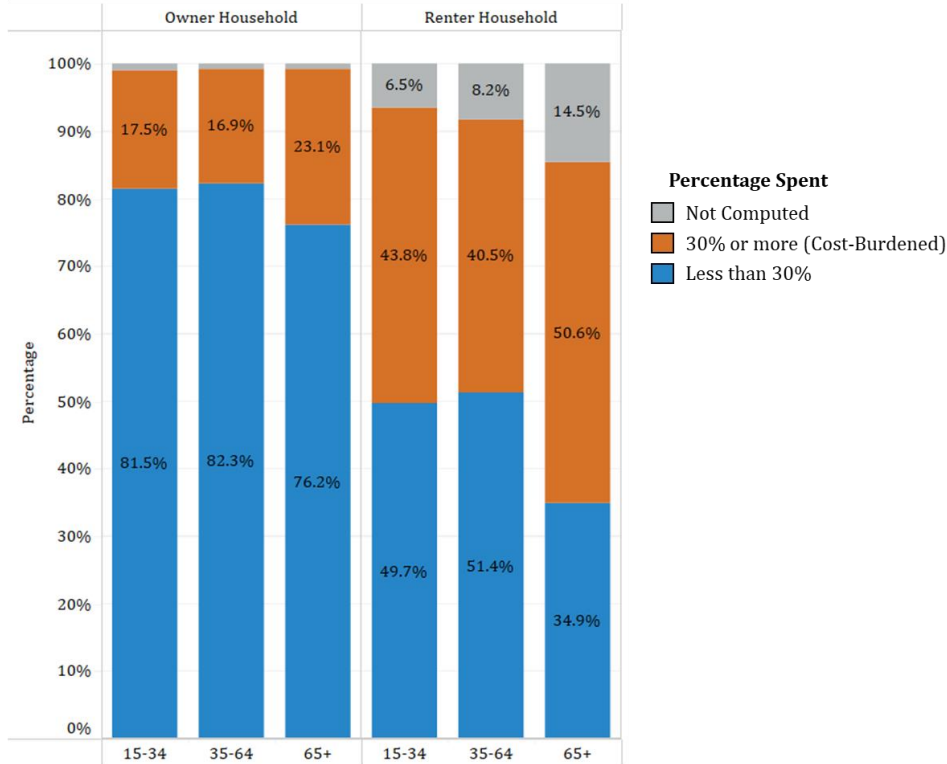
Annual Median Cost of Older Adult Care

	In-Home Care		Community/Assisted Living		Nursing Home Facility	
	Homemaker Services	Home Health Aide	Adult Day Healthcare	Private, One Bedroom	Semi-Private Room	Private Room
North Carolina	\$52,624	\$52,624	\$14,365	\$48,120	\$89,790	\$98,550
Florida	\$57,200	\$57,200	\$18,200	\$48,000	\$103,843	\$115,523
Georgia	\$51,480	\$52,624	\$15,600	\$42,420	\$84,133	\$91,250
South Carolina	\$53,196	\$53,768	\$16,900	\$43,338	\$87,418	\$95,813
Tennessee	\$54,912	\$54,912	\$20,800	\$49,260	\$85,775	\$91,980
Virginia	\$57,200	\$59,442	\$20,280	\$63,000	\$98,550	\$109,865
U.S.	\$59,488	\$61,776	\$20,280	\$54,000	\$94,900	\$108,405

Cost-Burdened Households

Percentage of Residents Cost-Burdened: 2021

Cost-Burdened – 30 percent or more of household income spent on housing costs



- 43.5 percent of homes in the South Atlantic region are “aging-ready”
- Older adult renters are more likely to report difficulties using home features

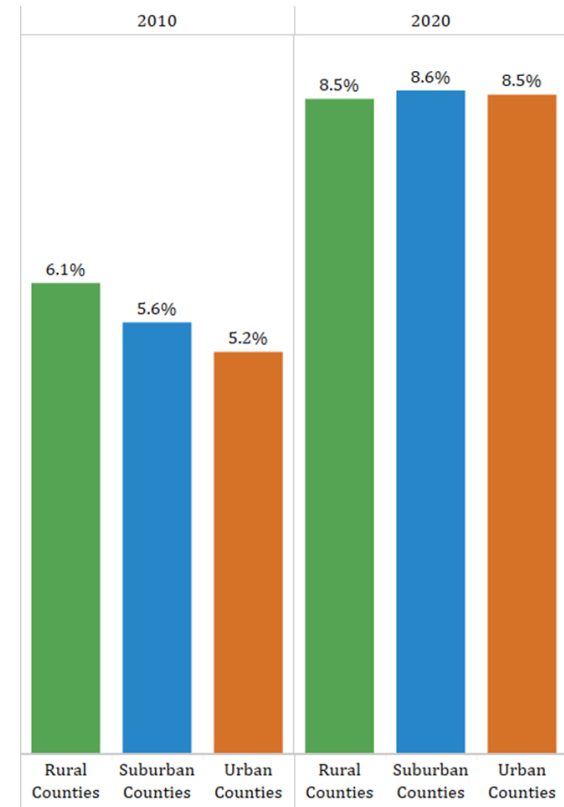
Family Caregivers & Multigenerational Households

IN NORTH CAROLINA THERE ARE...

- 1.28 Million Family Caregivers
- 1.19 Billion hours spent on care
- \$16.5 Billion in uncompensated care for caregivers*

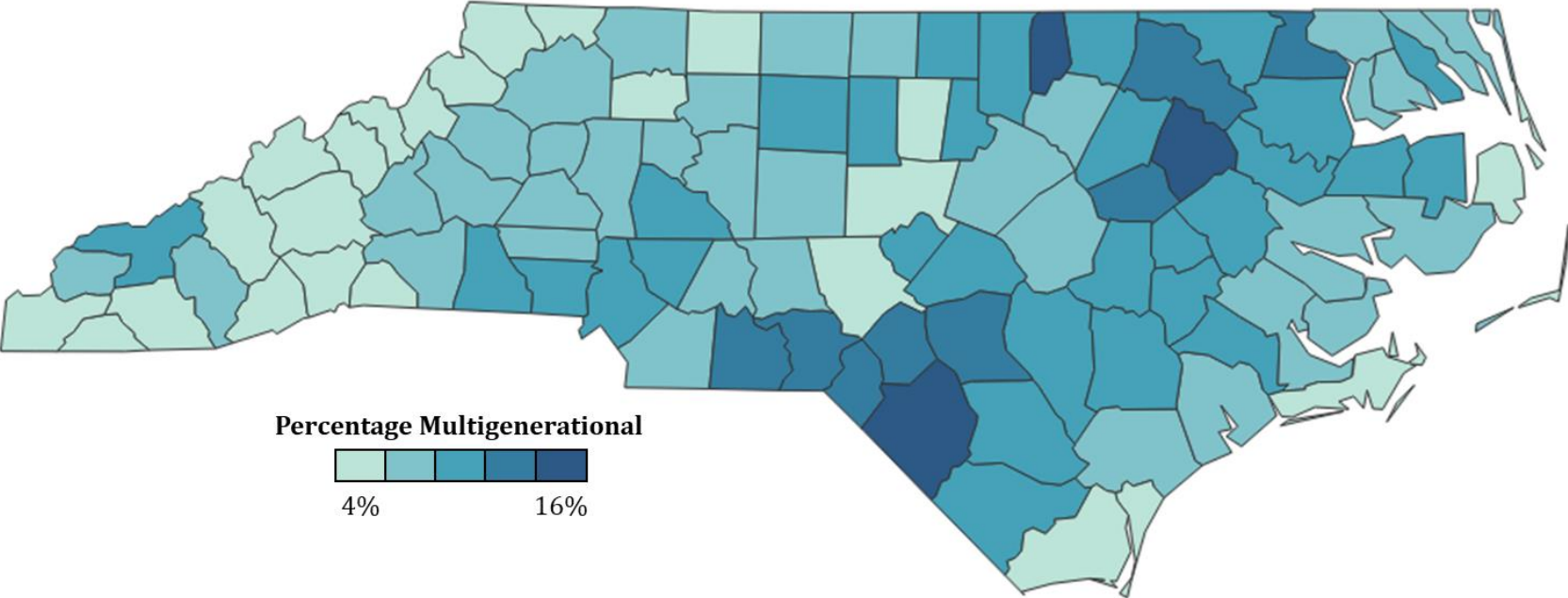
*Assumes value per hour for uncompensated care is \$13.79

Percentage of Family Households that are Multigenerational



Multigenerational Households

Percentage of Family Households that are Multigenerational: 2020
Multigenerational – Three or more family generations living in same household



Percentage Multigenerational
4% 16%

Source: US Census Bureau, 2020 Decennial Census



Data Products and Contact

County Data Profiles

<https://www.ncruralcenter.org/advocacy-and-research/county-data/>

Research

<https://www.ncruralcenter.org/advocacy-and-research/latest-research/>



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Questions?

