

NC Department of Health and Human Services NC Division of Aging

Caregiver Support Programs

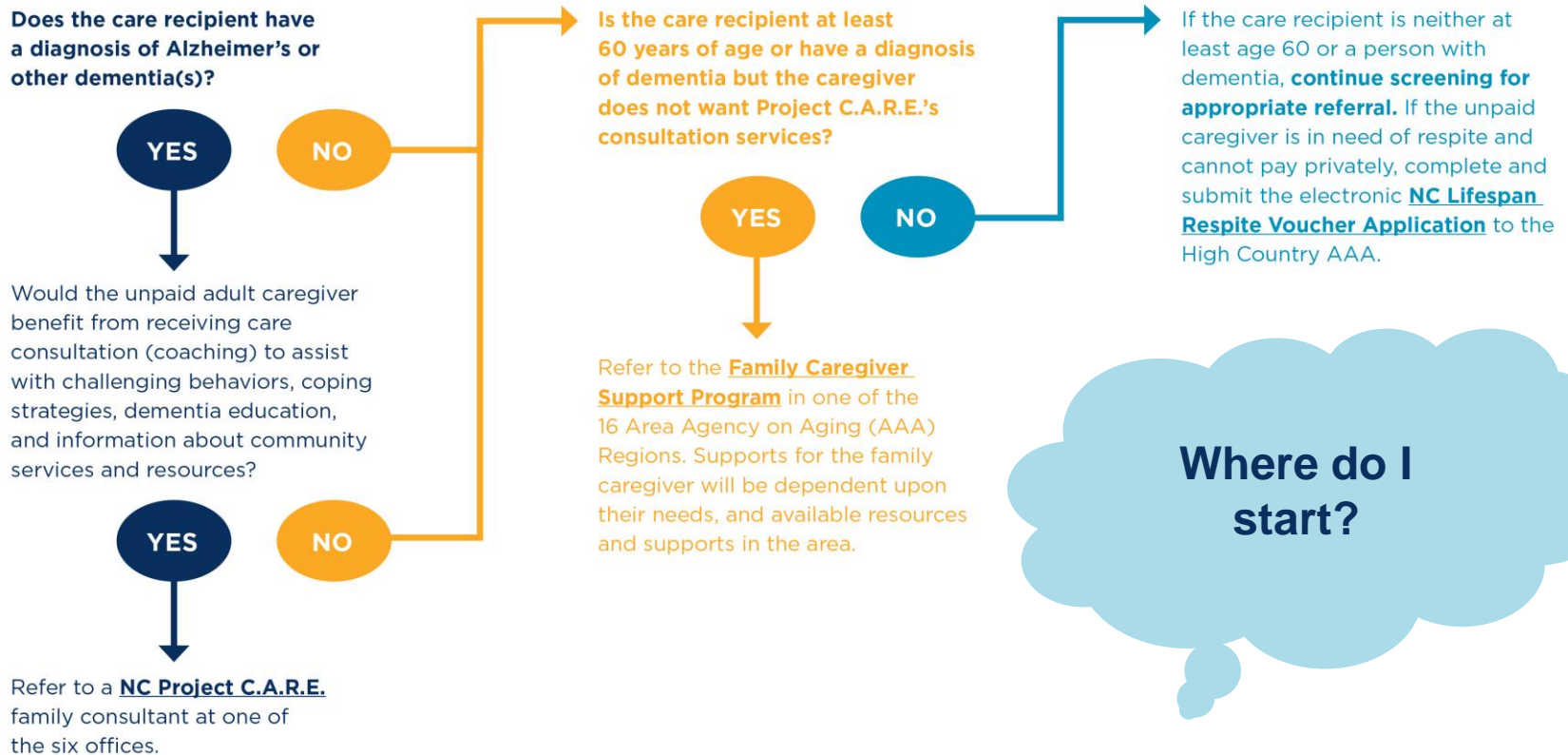
Amanda Swanger

Family Caregiver Support Program Consultant

Lifespan Respite Project Director

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Navigating Caregiver Programs



Division of Aging Caregiver Supports

NCDHHS Division of Aging: CAREGIVER SUPPORTS

	Project C.A.R.E. (State Appropriation)	Family Caregiver Support Program (OAA – Title III E)	Lifespan Respite Vouchers (Time-limited federal grant)
Eligibility	Unpaid adult individuals caring for someone diagnosed with Alzheimer’s or related dementias who are not receiving care consultation from another funding source.	<ol style="list-style-type: none"> 1) Unpaid caregiver of any age providing care for an older adult age 60 or older or providing care for a person with Alzheimer’s disease or related brain disorder; or, 2) a caregiver (who is not the birth or adoptive parent), age 55 or older, raising a related child age 18 and under or an adult with a disability. 3) a caregiver who is the birth or adoptive parent, age 55 or older, caring for an adult with a disability.³ 	Unpaid adult caregivers of children and adults with a chronic condition, disability, or other special need. Caregivers may not/do not apply directly to the program. Applications must be submitted by a local community services agency or human services professional.
Services Offered	<ul style="list-style-type: none"> • Dementia-specific outreach and education • Information and referral/assistance • Care consultation 	<ul style="list-style-type: none"> • Delivery approaches vary by county • Outreach and caregiver education • Information and referral/assistance • Supplemental services (care recipient must meet OAA frail definition) 	Caregivers can purchase adult day care, summer camp, overnight respite in a facility or their own home, a licensed home care agency, a private individual, or a variety of other options and be reimbursed for services up to \$750 per calendar year.
Respite	Respite vouchers are available to care consultation participants, who need respite and are in need of financial assistance to pay for the respite. Up to three \$500 vouchers per state fiscal year. Caregiver is reimbursed for services received. There is a respite limit of \$2500 when combined with FCSP services per fiscal year. ²	Type(s) and amount of respite service vary by county; care recipient must meet OAA frail definition. ¹ There is a respite limit of \$2500 alone or combined with Project C.A.R.E. services per fiscal year. ²	Caregivers can receive a \$750 voucher once per calendar year. Priority is given to those who have not received publicly funded respite in the previous six months. Caregiver is reimbursed for services received.
How to Access	Project C.A.R.E. family consultants at www.ncdhhs.gov/assistance/adult-services/project-care	Area Agency on Aging (AAA) and contracted providers at www.ncdhhs.gov/divisions/aging-and-adult-services/adult-day-services/daas-area-agencies-aging	Applications submitted at www.highcountryaging.org/services/lifespan-respite-project by a human services professional.

Family Caregiver Support Program



- Federally funded through Older Americans Act
- Administered through 16 Area Agencies on Aging
- Service categories:
 - Information
 - Assistance with access
 - Training, support groups, counseling services
 - Respite services
 - Supplemental services
- Service delivery models include direct-service, contracting with local providers, or hybrid of both direct and contracted services.
- Two populations: caregivers of older adults, older relative caregivers

Project C.A.R.E

(Caregiver Alternatives to Running on Empty)

- State-funded program
- 6 Project C.A.R.E Family Consultants
- Available in all 100 counties
- Developed to support unique needs of caregivers of individuals living with Alzheimer's or related dementia
- Services for caregivers include:
 - care consultation
 - dementia-specific information
 - respite care
 - connections to social support networks

Lifespan Respite Project



- Federally-funded grant through ACL
- Respite care for unpaid caregivers of person of any age with special needs
- Provides caregivers of any age with \$750 respite vouchers
- Reimbursement based
- Current grant award is focused on developing new partnerships to reach underserved caregivers, volunteer caregiver services, and improve data collection methods.

Alignment with the National Strategy to Support Caregivers

Goal	Goal Status
<p>Goal 1: Increase awareness of and outreach to family caregivers</p>	<ul style="list-style-type: none"> • Culturally competent outreach through Lifespan Respite materials being translated into Spanish • Education and outreach at the community level • ARPA-LTSS outreach through Area Agencies on Aging
<p>Goal 2: Advance partnership and engagement with family caregivers</p>	<ul style="list-style-type: none"> • Lifespan Respite partnering with AKALAKA and El Centro Hispano to reach underserved communities • Partnership with Center for Volunteer Caregiving/Volunteer Respite Consortium • Caregiver Collaborative
<p>Goal 3: Strengthen services and supports for family caregivers</p>	<ul style="list-style-type: none"> • Increased Lifespan Respite vouchers from \$500 to \$750 • Caregiver access to the NC Caregiver Portal

Alignment with the National Strategy to Support Caregivers

Goal	Goal Status
Goal 4: Ensure financial and workplace security for family caregivers	<ul style="list-style-type: none">Objective for this goal area is included in All Ages, All Stages NC, the state's multisector plan for aging. Recommendations will be finalized Summer 2024.
Goal 5: Expand data, research, and evidence-based practices to support family caregivers	<ul style="list-style-type: none">Purchased BRFSS data for brain health and caregiver wellbeing.Respite utilization trackingLifespan Respite Satisfaction surveys