Older Adult Trends

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Research & Data Manager

NC RURAL CENTER
North Carolina County Classification

- **Rural Counties**: 78 counties with an average population density of 250 people per square mile or fewer.
- **Regional City and Suburban Counties**: 16 counties with an average population density between 250 and 750 people per square mile.
- **Urban Counties**: 6 counties with an average population density of 750 people per square mile or more.

*Densities calculated by the Rural Center based on the 2020 U.S. Decennial Census.*
Older Adult Population Growth

Source: North Carolina State Demographer Population Estimates/Projections
Median Age

Median Age: 2021

Source: 2021 American Community Survey 5-Year Estimates
Working Age Population Ratio

FOR EVERY 100 WORKING AGE ADULTS (18-64) THERE ARE...

Source: 2021 American Community Survey 5-Year Estimates
Aging Population and Labor Force Participation

North Carolina Labor Force Participation Rate

Source: US Bureau of Labor Statistics; retrieved from St. Louis FRED
Aging Population and Labor Force Participation

Source: American Community Survey 1-Year Estimates
Healthcare Workers

Number of Health Professionals Per 10 Thousand Residents: 2021

<table>
<thead>
<tr>
<th>Occupational Therapists</th>
<th>Dentists</th>
<th>Nurse Practitioners</th>
<th>Pharmacists</th>
<th>Licensed Practical Nurses</th>
<th>Physicians</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rural Counties</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Suburban Counties</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>4</td>
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<tr>
<td>Urban Counties</td>
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<td></td>
<td>5</td>
</tr>
</tbody>
</table>

Source: UNC Sheps Center Workforce
Home Health Aides

# Annual Median Cost of Older Adult Care

<table>
<thead>
<tr>
<th>Service Type</th>
<th>North Carolina</th>
<th>Florida</th>
<th>Georgia</th>
<th>South Carolina</th>
<th>Tennessee</th>
<th>Virginia</th>
<th>U.S.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homemaker Services</td>
<td>$52,624</td>
<td>$57,200</td>
<td>$51,480</td>
<td>$53,196</td>
<td>$54,912</td>
<td>$57,200</td>
<td>$59,488</td>
</tr>
<tr>
<td>Home Health Aide</td>
<td>$52,624</td>
<td>$57,200</td>
<td>$52,624</td>
<td>$53,768</td>
<td>$54,912</td>
<td>$59,442</td>
<td>$61,776</td>
</tr>
<tr>
<td>Adult Day Healthcare</td>
<td>$14,365</td>
<td>$18,200</td>
<td>$15,600</td>
<td>$16,900</td>
<td>$20,800</td>
<td>$20,280</td>
<td>$20,280</td>
</tr>
<tr>
<td>Private, One Bedroom</td>
<td>$48,120</td>
<td>$48,000</td>
<td>$42,420</td>
<td>$43,338</td>
<td>$49,260</td>
<td>$63,000</td>
<td>$54,000</td>
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<tr>
<td>Semi-Private Room</td>
<td>$89,790</td>
<td>$103,843</td>
<td>$84,133</td>
<td>$87,418</td>
<td>$85,775</td>
<td>$98,550</td>
<td>$94,900</td>
</tr>
<tr>
<td>Private Room</td>
<td>$98,550</td>
<td>$115,523</td>
<td>$91,250</td>
<td>$95,813</td>
<td>$91,980</td>
<td>$109,865</td>
<td>$108,405</td>
</tr>
</tbody>
</table>

Source: Genworth Annual Cost of Care Survey (2021)
Cost-Burdened Households

- 43.5 percent of homes in the South Atlantic region are “aging-ready”
- Older adult renters are more likely to report difficulties using home features

Source 1: 2021 American Community Survey 5-Year Estimates
Source 2: Davis, Clark, & Vespa; US Census Bureau (2023)
IN NORTH CAROLINA THERE ARE...

- 1.28 Million Family Caregivers
- 1.19 Billion hours spent on care
- $16.5 Billion in uncompensated care for caregivers*

*Assumes value per hour for uncompensated care is $13.79
Multigenerational Households

Percentage of Family Households that are Multigenerational: 2020
Multigenerational – Three or more family generations living in same household

Source: US Census Bureau, 2020 Decennial Census
Questions?